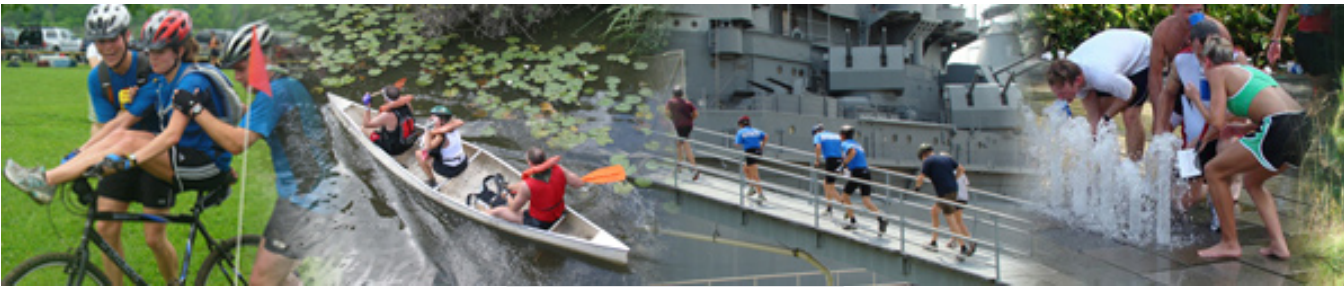


# “Racing’ to N’Awlins”

ADVENTURE RACING SERIES



presented by



2010

Run, bike, and canoe for an exciting team challenge!

Gulf Coast  
Adventure Racing

[www.gulfcoastadventure.com](http://www.gulfcoastadventure.com)

# Racing to N'Awlins Adventure Racing Series

Gulf Coast Adventure Racing is thrilled to announce the **2010 Racing to N'Awlins Adventure Racing Series** presented by Massey's Professional Outfitters And Eastbank Cyclery. This race series will travel from Louisiana to Alabama, culminating with the Gulf Coast Championship event in New Orleans. To be eligible for the **Racing to N'awlins** Point Series Championship, each team must participate in at least 3 races of the series. Only the top 6 race scores for each team will count toward the series championship. So, if your team needs to miss a race, or has an off day, you're still in the hunt! Not interested in the point series? No problem. Come join us for any single race for a great adventure and to receive prizes and a fun post-race party at each event.

The sport of adventure racing is sweeping the nation at a phenomenal rate. From a handful of events 15 years ago, there were over 750 in the United States in 2009. Adventure racing is a team sport comprised of groups of 3 members each. Teams race in unique divisions (coed, all-male, all-female, and coed masters), traveling along a secret race course that is only revealed to the participants minutes before the start of the event. Teams have no idea if they will be starting on foot, bike, or canoe. What they do know is that they must travel together, completing the core disciplines of off-road biking, running/hiking, and paddling. Teams are also faced with mystery challenges at key locations throughout the course.

In adventure racing, just finding the finish line is part of the challenge. **Limited team spots available, so register early. We race rain or shine. No late registrations.**

**No refunds.** Registrations will be confirmed via e-mail. Registration is not guaranteed until you receive confirmation from race officials. Distances for each race are approximately 8-12 miles biking, 4-6 miles canoeing, 4-6 miles trekking/running, plus additional mystery challenges.

**Entry Fee:** \$70 per person (plus license)\* if received 30+ days prior to race.  
\$80 per person (plus license)\* if received 15-29 days prior to race.  
\$90 per person (plus license)\* if received 7-14 days prior to race.  
\*New Orleans Championship is \$75, \$85, & \$95 resp.  
(no entries accepted within 7 days of race, and only completed form with full payment accepted)

\*Each participant is required purchase a one-day license (\$5.50) for each event.

Entry fee includes your team canoe, paddles, life vests, maps, t-shirts, and great post race party.

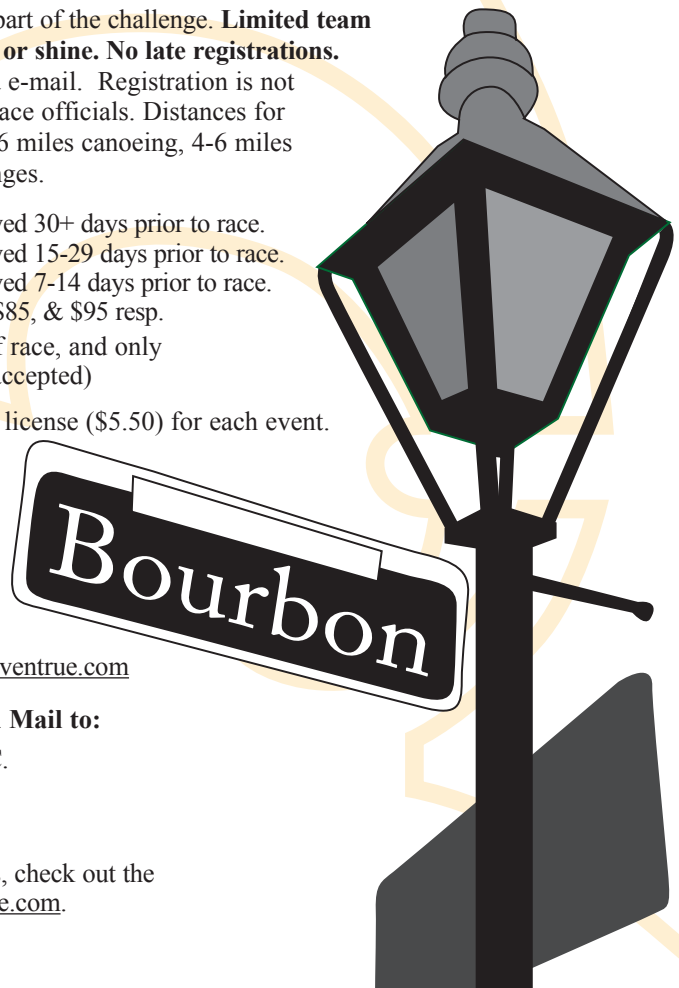
**Equipment You Provide:** Mountain Bike (no road bikes), helmet, means for carrying supply of fluids and food.

**Race Director:** David Poletto - [dave@gulfcoastadventure.com](mailto:dave@gulfcoastadventure.com)

**Paying By Check? Make Checks Payable and Mail to:**

Gulf Coast Adventure Racing, L.L.C.  
2231 East Canterbury Drive,  
Laplace, LA 70068

**Teammates:** For assistance in finding teammates, check out the Forum at [www.GulfCoastAdventure.com](http://www.GulfCoastAdventure.com).



# Racing to N'Awlins Team Registration Form

Check off race(s) entering. Enter in any race or take part in the series.

- Alexandria Adventure Race - April 3, 2010 - 9:00 am
- Mobile Adventure Race - May 1, 2010 - 9:00 am
- Spillway Adventure Race - June 12, 2010 - 8:00 am
- Baton Rouge Urban Adventure Race - July 24, 2010 - 8:00 am
- Lake Charles Adventure Race - September 11, 2010 - 8:00 am
- Fontainebleau 4-Hour Adventure Race - October 9, 2010 - 9:00 am
- New Orleans Urban Adventure Race - November 13, 2010 - 9:00 am (\$75 early registration)

Team Name: \_\_\_\_\_ Division: \_\_\_\_\_

Team Captain: \_\_\_\_\_ One-day license - add \$5.50: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

Team Member 2: \_\_\_\_\_ One-day license - add \$5.50: \_\_\_\_\_

Address: \_\_\_\_\_ E-mail: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

Team Member 3: \_\_\_\_\_ One-day license - add \$5.50: \_\_\_\_\_

Address: \_\_\_\_\_ E-mail: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ T-shirt size: \_\_\_\_\_

NOTE: Only completed forms with full payment will be accepted.

**On-line registration will be available at [www.gulfcoastadventure.com](http://www.gulfcoastadventure.com) in the coming weeks. Be sure to check the website for full details!**

# Racing to N'Awlins Series Sponsors

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